

Goulds Family Resource Centre 709-747-8530

October 2024

Family Resource Educator: Lesa Healthy Baby Club Facilitator: Michelle

FRC Goulds Resource Centre: 537 Main Road GRC Goulds Rec Centre: 509 Main Road

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>* CLOSED * NATIONAL DAY FOR TRUTH & RECONCILIATION</p>	<p>1 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL</p>	<p>2 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>3 ACTIVE PLAY 9:30-11:00 GRC PARENT-CHILD MOTHER GOOSE 1:00-2:00 KILBRIDE CC</p>	<p>4 DROP-IN PLAY 10:00-12:00 FRC</p>	<p>5 </p>
<p>6  CELEBRATE WITH US! 11:00-1:00 GOULDS REC CENTRE</p>	<p>7 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK PARENT NIGHT 7:00-9:00</p>	<p>8 FIRE SAFETY with special guest: Fire Inspector Matthew Power 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL</p>	<p>9 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>10 ACTIVE PLAY 9:30-11:00 GRC PARENT-CHILD MOTHER GOOSE 1:00-2:00 KILBRIDE CC</p>	<p>11 DROP-IN PLAY 10:00-12:00 FRC</p>	<p>12</p>
<p>HAPPY  Thanksgiving</p>	<p>14 * CLOSED * for THANKSGIVING</p>	<p>15 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL</p>	<p>16 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>17 ACTIVE PLAY 9:30-11:00 GRC PARENT-CHILD MOTHER GOOSE 1:00-2:00 KILBRIDE CC</p>	<p>18 DROP-IN PLAY 10:00-12:00 FRC</p>	<p>19 </p>
<p>20</p>	<p>21 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK</p>	<p>22 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL</p>	<p>23 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>24 ACTIVE PLAY 9:30-11:00 GRC PARENT-CHILD MOTHER GOOSE 1:00-2:00 KILBRIDE CC</p>	<p>25 DROP-IN PLAY 10:00-12:00 FRC</p>	<p>26 </p>
<p>27 </p>	<p>28 LITTLE EXPLORERS HALLOWEEN HIKE! 10:00-12:00 BIDGOOD PARK (BACKLINE LOT)</p>	<p>29 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL</p>	<p>30 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>HALLOWEEN FUN! ACTIVE PLAY 9:30-11:00 GRC PARENT-CHILD MOTHER GOOSE 1:00-2:00 KILBRIDE CC</p>	<p>~ HALLOWEEN HIKE ON OCTOBER 28TH! CHILDREN and CAREGIVERS ARE ENCOURAGED TO WEAR THEIR COSTUME - NO MASKS PLEASE. ~ PARENT-CHILD MOTHER GOOSE IS A SIGN-UP PROGRAM. ~ EVENING ACTIVE PLAY FOR CHILDREN AGES 18 MONTHS TO 11 YEARS WITH A TAKE-HOME SNACK</p>	