



Goulds Family Resource Centre 709-747-8530

September 2026

Family Resource Educator: Lesa Healthy Baby Club Facilitator: Michelle
KS Kilbride Site: 277 Bay Bulls Road KCC Kilbride Community Centre: 34 Fahey Street



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 HBC = HEALTHY BABY CLUB NLH BF CLINIC = NL HEALTH BREASTFEEDING CLINIC		1 DROP-IN PLAY 9:30-11:30 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	2 BABY & ME 9:30-11:30 FRC HEALTHY BABY CLUB 12:30 FRC NL HEALTH BF CLINIC 2:00-3:30 FRC	3 PLAYGROUND FUN 9:30-11:30 (NEXT TO FIRE STN)	4 LITTLE EXPLORERS 10:00-12:00 PIPPY PARK (Meet by Fluvarium)	5 
6	7 * CLOSED * for LABOUR DAY	8 DROP-IN PLAY 9:30-11:30 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	9 BABY & ME 9:30-11:30 FRC HEALTHY BABY CLUB 12:30 FRC NL HEALTH BF CLINIC 2:00-3:30 FRC	10 PLAYGROUND FUN 9:30-11:30 (NEXT TO FIRE STN)	11 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK	12
	14 LITTLE GARDENERS 10:00-12:00 COMMUNITY GARDEN COFFEE & CONNECT 1:00-3:00 FRC	15 DROP-IN PLAY 9:30-11:30 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	16 BABY & ME 9:30-11:30 FRC HEALTHY BABY CLUB 12:30 FRC NL HEALTH BF CLINIC 2:00-3:30 FRC	17 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	18 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK	19 
20 Well-Being Week starting today to improve tomorrow	21 LITTLE GARDENERS 10:00-12:00 COMMUNITY GARDEN COFFEE & CONNECT 1:00-3:00 FRC	22 DROP-IN PLAY 9:30-11:30 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HBC 8PM VIRTUAL NOBODY'S PERFECT 7PM	23 BABY & ME 9:30-11:30 FRC HEALTHY BABY CLUB 12:30 FRC NL HEALTH BF CLINIC 2:00-3:30 FRC	24 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	25 NO PROGRAMS due to STAFF MEETINGS	26  CHILD PASSENGER SAFETY WEEK
27 	28 LITTLE GARDENERS 10:00-12:00 COMMUNITY GARDEN COFFEE & CONNECT 1:00-3:00 FRC	29 DROP-IN PLAY 9:30-11:30 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HBC 8PM VIRTUAL NOBODY'S PERFECT 7PM	30 * CLOSED * NATIONAL DAY FOR TRUTH & RECONCILIATION	~ PARENT-CHILD MOTHER GOOSE – SIGN-UP PROGRAM STARTING SEPT 17 TH @ KILBRIDE COMMUNITY CENTRE (FAHEY STREET) ~ NOBODY'S PERFECT – SIGN-UP PARENTING PROGRAM. SEE FACEBOOK FOR MORE INFO. ~ CHILD PASSENGER SAFETY WEEK - WE HAVE TRAINED SAFETY TECHNICIANS ON STAFF IF YOU HAVE CONCERNS OR QUESTIONS REGARDING YOUR CHILD'S CAR SEAT!		