

Goulds Family Resource Centre 709-747-8530

October 2026

Family Resource Educator: Lesa Healthy Baby Club Facilitator: Michelle 
 FRC Goulds Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
~ HALLOWEEN FUN & HIKE - CHILDREN ARE ENCOURAGED TO WEAR THEIR COSTUME - NO MASKS PLEASE! ~ EVENING ACTIVE PLAY FOR CHILDREN AGES 18 MONTHS AND UP WITH A TAKE-HOME SNACK ~ MOTHER GOOSE - FOR FAMILIES WITH CHILDREN NEWBORN TO 12 MONTHS. SIGN-UP PROGRAM. ~ COFFEE & CONNECT - PARENTS/CAREGIVERS CAN VISIT AND CONNECT OUTSIDE OF REGULAR PLAYGROUPS ~ STORYTIME & CRAFT (IN PARTNERSHIP WITH GOULDS REC) FOR AGES 0-5, TAKES PLACE AT GOULDS LIBRARY HBC= HEALTHY BABY CLUB NLH BF CLINIC= NL HEALTH BREASTFEEDING CLINIC				1 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	2 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK	3 
4 	5 CLIMBERS & CRAWLERS 9:30-11:30 FRC COFFEE & CONNECT 12:00-2:00 FRC	6 DROP-IN PLAY 9:30-11:30 FRC NOBODY'S PERFECT 7PM HEALTHY BABY CLUB 8PM VIRTUAL	7 BABY & ME 10:00-12:00 FRC HEALTHY BABY CLUB 12:30 FRC NLH BREASTFEEDING CLINIC 2:00-3:30	8 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	9 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK	10
18 	12 * CLOSED * for THANKSGIVING	13 DROP-IN PLAY 9:30-11:30 FRC NOBODY'S PERFECT 7PM HEALTHY BABY CLUB 8PM VIRTUAL	14 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC NLH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	15 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	16 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK	17 
25 	19 CLIMBERS & CRAWLERS 9:30-11:30 FRC COFFEE & CONNECT 12:00-2:00 FRC	20 DROP-IN PLAY 9:30-11:30 FRC NOBODY'S PERFECT 7PM HEALTHY BABY CLUB 8PM VIRTUAL	21 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC NLH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	22 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	23 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK	24
	26 CLIMBERS & CRAWLERS 9:30-11:30 FRC COFFEE & CONNECT 12:00-2:00 FRC	27 DROP-IN PLAY 9:30-11:30 FRC NOBODY'S PERFECT 7PM HEALTHY BABY CLUB 8PM VIRTUAL	28 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC NLH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	29 ACTIVE PLAY 9:30-11:00 GRC STORYTIME & CRAFT 11:00-12:00 LIBRARY MOTHER GOOSE 1:00-2:00 KILBRIDE	30 HALLOWEEN HIKE! 10:00-12:00 BIDGOOD PARK 	31 HAPPY HALLOWEEN