









# Goulds Family Resource Centre 709-747-8530

## May 2024

Family Resource Educator: Lesa   Healthy Baby Facilitator: Michelle   
 FRC Goulds Family Resource Centre: 537 Main Rd   GRC Goulds Rec Centre: 509 Main Rd



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
~ <b>ECE WEEK</b> MAY 26-JUNE 1 - WE WOULD LIKE TO ACKNOWLEDGE AND THANK OUR EARLY CHILDHOOD EDUCATORS FOR ALL THEY DO AND THE DIFFERENCES THEY MAKE IN THE LIVES OF OUR CHILDREN! ~ <b>CAR SEATS</b> - PLEASE CONTACT US FOR AN APPOINTMENT IF YOU NEED A CAR SEAT INSTALLED OR CHECKED! ~ <b>NOBODY'S PERFECT</b> - PARENTING PROGRAM, SIGN-UP REQUIRED.			1 <b>BABY &amp; ME</b> 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	2 <b>ACTIVE PLAY</b> 9:30-11:00 GRC <b>MOTHER GOOSE</b> 1:00-2:00 FRC	3 <b>NO PROGRAMS DUE TO STAFF MEETING</b>	4 
5 	6 <b>NATURE KIDS</b> 10:00 BIDGOOD PARK (Backline Parking Lot)	7 <b>DROP-IN PLAY</b> 10:00-12:00 FRC <b>HEALTHY BABY CLUB</b> 8:00PM VIRTUAL <b>NOBODY'S PERFECT</b> 7:00PM FRC	8 <b>BABY &amp; ME</b> 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	9 <b>ACTIVE PLAY</b> 9:30-11:00 GRC <b>MOTHER GOOSE</b> 1:00-2:00 FRC <b>PARENT-CHILD CRAFT NIGHT</b> 6:30-8:00PM	10 <b>TODDLER TIME</b> 9:30-11:30 FRC	11
12 	13 <b>NATURE KIDS</b> 10:00 BIDGOOD PARK (Backline Parking Lot)	14 <b>DROP-IN PLAY</b> 10:00-12:00 FRC <b>HEALTHY BABY CLUB</b> 8:00PM VIRTUAL <b>NOBODY'S PERFECT</b> 7:00PM FRC	15 <b>BABY &amp; ME</b> 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	16 <b>ACTIVE PLAY</b> 9:30-11:00 GRC <b>MOTHER GOOSE</b> 1:00-2:00 FRC	17 <b>TODDLER TIME</b> 9:30-11:30 FRC	18 
19	20 <b>* CLOSED * for VICTORIA DAY</b>	21 <b>DROP-IN PLAY</b> 10:00-12:00 FRC <b>HEALTHY BABY CLUB</b> 8:00PM VIRTUAL <b>NOBODY'S PERFECT</b> 7:00PM FRC	22 <b>BABY &amp; ME</b> 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	23 <b>ACTIVE PLAY</b> 9:30-11:00 GRC <b>MOTHER GOOSE</b> 1:00-2:00 FRC	24 <b>TODDLER TIME</b> 9:30-11:30 FRC	25 
26 	27 <b>NATURE KIDS</b> 10:00 BIDGOOD PARK (Backline Parking Lot)	28 <b>DROP-IN PLAY</b> 10:00-12:00 FRC <b>HEALTHY BABY CLUB</b> 8:00PM VIRTUAL <b>NOBODY'S PERFECT</b> 7:00PM FRC	29 <b>BABY &amp; ME</b> 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	30 <b>ACTIVE PLAY</b> 9:30-11:00 GRC <b>MOTHER GOOSE</b> 1:00-2:00 FRC	31 <b>TODDLER TIME</b> 9:30-11:30 FRC	<b>HBC = HEALTHY BABY CLUB</b> <b>EH BF = EASTERN HEALTH REASTFEEDING CLINIC</b>