










Goulds Family Resource Centre 709-747-8530

May 2023

Family Resource Educator: Lesa Healthy Baby Club Facilitator: Michelle
 FRC Goulds Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LITTLE EXPLORERS 10:00 BIDGOOD PARK FAMILY FUN NIGHT 6:00-7:30 FRC	2 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	3 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	4 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC PARENT CRAFT NIGHT 7:00-9:00 FRC	5 DROP-IN PLAY 10:00-12:00 FRC	6 
7	8 LITTLE EXPLORERS 10:00 BIDGOOD PARK FAMILY FUN NIGHT 6:00-7:30 FRC	9 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	10 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	11 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	12 DROP-IN PLAY 10:00-12:00 FRC	13 
14 	15 LITTLE EXPLORERS 10:00 BIDGOOD PARK FAMILY FUN NIGHT 6:00-7:30 FRC	16 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	17 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	18 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	19 DROP-IN PLAY 10:00-12:00 FRC	20 
21	* CLOSED * for VICTORIA DAY	23 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	24 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	25 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	26 DROP-IN PLAY 10:00-12:00 FRC	27 
28 	29 LITTLE EXPLORERS 10:00 BIDGOOD PARK FAMILY FUN NIGHT 6:00-7:30 FRC	30 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	31 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	~ ECE WEEK MAY 28-JUNE 3 – WE WOULD LIKE TO ACKNOWLEDGE AND THANK OUR EARLY CHILDHOOD EDUCATORS FOR ALL THEY DO AND THE DIFFERENCES THEY MAKE IN THE LIVES OF OUR CHILDREN! ~ CAR SEAT CLINIC – MAY 3 @ 1-3PM, PLEASE CONTACT US TO SIGN UP! ~ LITTLE EXPLORERS – MEET AT BIDGOOD PARK (PARKING LOT OFF BACK LINE) HBC = HEALTHY BABY CLUB EH BF CLINIC = EASTERN HEALTH BREASTFEEDING CLINIC		