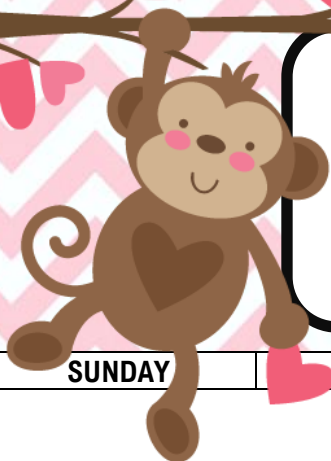





# Goulds Family Resource Centre 709-747-8530

## February 2023

Family Resource Educator: Lesa Healthy Baby Facilitator: Michelle  
 FRC Goulds Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			1 <b>TODDLER TIME</b> 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	2 <b>BABY &amp; ME</b> 10:00-12:00 FRC ACTIVE PLAY 9:30-11:00 GRC	3 <b>DROP-IN PLAY</b> 10:00-12:00 FRC	4 	
5	6 <b>ON OUR WAY</b> 9:30-11:30 G1 FRC 12:30-2:30 G2 FRC NOBODY'S PERFECT 7:00-9:00 FRC	7 <b>DROP-IN PLAY</b> 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	8 <b>TODDLER TIME</b> 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	9 <b>BABY &amp; ME</b> 10:00-12:00 FRC ACTIVE PLAY 9:30-11:00 GRC	10 <b>DROP-IN PLAY</b> 10:00-12:00 FRC	11	
12 	13 <b>ON OUR WAY</b> 9:30-11:30 G1 FRC 12:30-2:30 G2 FRC NOBODY'S PERFECT 7:00-9:00 FRC	14 <b>DROP-IN PLAY</b> 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	15 <b>TODDLER TIME</b> 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	16 <b>BABY &amp; ME</b> 10:00-12:00 FRC ACTIVE PLAY 9:30-11:00 GRC	17 <b>DROP-IN PLAY</b> 10:00-12:00 FRC	18 <i>be kind</i>	
19	20 <b>ON OUR WAY</b> 9:30-11:30 G1 FRC 12:30-2:30 G2 FRC NOBODY'S PERFECT 7:00-9:00 FRC	21 <b>DROP-IN PLAY</b> 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	22 <b>TODDLER TIME</b> 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	23 <b>BABY &amp; ME</b> 10:00-12:00 FRC ACTIVE PLAY 9:30-11:00 GRC	24 <b>DROP-IN PLAY</b> 10:00-12:00 FRC	25	
26 	27 <b>ON OUR WAY</b> 9:30-11:30 G1 FRC 12:30-2:30 G2 FRC NOBODY'S PERFECT 7:00-9:00 FRC	28 <b>DROP-IN PLAY</b> 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	<b>PLEASE NOTE!</b> ~ <b>ON OUR WAY</b> – FOR CHILDREN STARTING SCHOOL IN SEPTEMBER. SIGN UP IS REQUIRED HOWEVER THIS PROGRAM IS NOW FULL. ~ <b>"NOBODY'S PERFECT" PARENTING PROGRAM</b> – THIS IS A SIGN-UP PROGRAM AND REGISTRATION IS NOW FULL. HBC = HEALTHY BABY CLUB ~ EH BF CLINIC = EASTERN HEALTH BREASTFEEDING CLINIC				