



July 2022

Goulds Family Resource Centre

709-747-8530

Family Resource Educator - LesaTerry

Healthy Baby Facilitator- Michelle Downey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Playgroup and Toddler Time will be held outside at the Playground if the weather is suitable.</p>		<p>Bowring Park Picnic will only go ahead if weather is suitable. We will reschedule if need be.</p>			<p>1 Happy Canada Day</p>	
3	4 <b>CENTER CLOSED</b>	5 Playgroup 10am-12pm  Virtual HBC 8pm	6 Toddler Time 9:30-11:30am Healthy Baby Club 12:30 E.H. Breastfeeding Clinic 2 -3:30	7  Baby and Me 10-12PM	8  <b>CENTER CLOSED</b>	9
10 	11 NATURE KIDS BIDGOOD PARK 10AM	12 Playgroup 10am-12pm  Virtual HBC 8pm	13 Toddler Time 9:30-11:30am Healthy Baby Club 12:30 E.H. Breastfeeding Clinic 2 -3:30	14  Baby and Me 10-12PM	15 Bowring Park Picnic Lunch 10am Meet in Main Lot Bring water clothes for Splash Pad	16 
17	18 NATURE KIDS BIDGOOD PARK 10AM	19 Playgroup 10am-12pm  Virtual HBC 8pm	20 Toddler Time 9:30-11:30am Healthy Baby Club 12:30 E.H. Breastfeeding Clinic 2 -3:30	21  Baby and Me 10-12PM First Foods Nutrition Information Session	22  Little Explorers 10am- 11:30am	23
24 	25 NATURE KIDS BIDGOOD PARK 10AM	26 Playgroup 10am-12pm  Virtual HBC 8pm	27 Toddler Time 9:30-11:30am Healthy Baby Club 12:30 E.H. Breastfeeding Clinic 2 -3:30	28  Baby and Me 10-12PM	29  Little Explorers 10am- 11:30am	30 

