



Goulds Family Resource Centre May 2025

709-747-8530

www.kffrc.com




Family Resource Educator: Lesa

Healthy Baby Facilitator: Michelle

FRC Goulds Resource Centre: 537 Main Rd

GRC Goulds Rec Centre: 509 Main Rd



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>~ PARENT-CHILD CRAFT NIGHT on May 6 for ages 5-9 years. Sign up is required. We will make something for Mother's Day!</p> <p>~ CAR SEAT CLINICS on May 13 and 27. Please contact us to book an appointment time.</p> <p>~ ECE WEEK MAY 26-JUNE 1 - We acknowledge and thank our Early Childhood Educators for all they do and the difference they make in the lives of our children!</p> <p>HBC = HEALTHY BABY CLUB EH BF CLINIC = EASTERN HEALTH BREASTFEEDING CLINIC</p>				<p>1</p> <p>ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KILBRIDE</p>	<p>2</p> <p>NO PROGRAM TODAY</p>	<p>3</p> 
 <p>MENTAL HEALTH WEEK Talking about mental health is the first step towards recovery and strength. May 5 - 11</p>	<p>5</p> <p>LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK Meet at parking lot on Powers Road</p>	<p>6</p> <p>DROP-IN PLAY 10:00-12:00 FRC PARENT-CHILD CRAFT NIGHT 6:00-7:30PM FRC HBC 8:00PM VIRTUAL</p>	<p>7</p> <p>BABY & ME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>8</p> <p>ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KILBRIDE</p>	<p>9</p> <p>TODDLER TIME 9:30-11:30 FRC</p>	<p>10</p>
<p>11</p> 	<p>12</p> <p>LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK Meet at parking lot on Powers Road</p>	<p>13</p> <p>DROP-IN PLAY 10:00-12:00 FRC CAR SEAT CLINIC 2:00-4:00 FRC HEALTHY BABY CLUB 8:00PM VIRTUAL</p>	<p>14</p> <p>BABY & ME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>15</p> <p>ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KILBRIDE</p>	<p>16</p> <p>TODDLER TIME 9:30-11:30 FRC</p>	<p>17</p> <p><i>bee</i> KIND</p> 
<p>18</p>	<p>19</p> <p>* CLOSED * for VICTORIA DAY</p>	<p>20</p> <p>DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8:00PM VIRTUAL</p>	<p>21</p> <p>BABY & ME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>22</p> <p>ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KILBRIDE</p>	<p>23</p> <p>TODDLER TIME 9:30-11:30 FRC</p>	<p>24</p>
<p>25</p> 	<p>26</p> <p>LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK Meet at parking lot on Powers Road</p>	<p>27</p> <p>DROP-IN PLAY 10:00-12:00 FRC CAR SEAT CLINIC 2:00-4:00 FRC HEALTHY BABY CLUB 8:00PM VIRTUAL</p>	<p>28</p> <p>BABY & ME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC</p>	<p>29</p> <p>ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KILBRIDE</p>	<p>30</p> <p>TODDLER TIME 9:30-11:30 FRC</p>	