





Goulds Family Resource Centre 709-747-8530

April 2023



Family Resource Educator: Lesa Healthy Baby Club Facilitator: Michelle
 FRC Goulds Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>PLEASE NOTE! ~ LITTLE EXPLORERS – MEET AT BIDGOODS PARK (PARKING LOT OFF BACK LINE) ~ NOTE SCHEDULE/LOCATION CHANGES WEEK OF APRIL 10-14TH DUE TO AVAILABILITY OF REC CENTRE (EASTER CAMPS)</p> <p>HBC = HEALTHY BABY CLUB EH BF CLINIC = EASTERN HEALTH BREASTFEEDING CLINIC</p>					
2	3 LITTLE EXPLORERS 10:00 BIDGOOD PARK STORYTIME 1:00-2:00 FRC FAMILY FUN NIGHT 6:00-7:30 FRC	4 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	5 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-2:30 ACTIVE PLAY 6:00-7:00 GRC	6 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	7 * CLOSED * for GOOD FRIDAY	8
	10	11 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	12 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-2:30	13 BABY & ME 10:00-12:00 FRC	14	15
16	17 LITTLE EXPLORERS 10:00 BIDGOOD PARK STORYTIME 1:00-2:00 FRC FAMILY FUN NIGHT 6:00-7:30 FRC	18 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	19 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-2:30 ACTIVE PLAY 6:00-7:00 GRC	20 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	21 DROP-IN PLAY 10:00-12:00 FRC	
	24 LITTLE EXPLORERS 10:00 BIDGOOD PARK STORYTIME 1:00-2:00 FRC FAMILY FUN NIGHT 6:00-7:30 FRC	25 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	26 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-2:30 ACTIVE PLAY 6:00-7:00 GRC	27 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	28 DROP-IN PLAY 10:00-12:00 FRC	