



Goulds Family Resource Centre 709-747-8530

February 2026

Family Resource Educator: Lesa Healthy Baby Facilitator: Michelle
 FRC Goulds Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd 



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 Let Kindness Grow		~ ON OUR WAY Sign-up program for children enrolled in Kindergarten September 2026. ~ EVENING ACTIVE PLAY Ages 18 months+ with a take-home snack. ~ PARENT-CHILD MOTHER GOOSE Sign-up program taking place at Kilbride Community Centre (Fahey St). ~ CAR SEAT SAFETY – Contact us if you need a car seat safety check or installation! HBC= HEALTHY BABY CLUB EH BF= EASTERN HEALTH BREASTFEEDING CLINIC					
1 	2 ON OUR WAY Kindergarten Readiness 10:00-12:00 FRC PARENT NIGHT 7:00-9:00PM FRC	3 DROP-IN PLAY 10:00-12:00 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	4 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	5 ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KCC KILBRIDE	6 DROP-IN PLAY 10:00-12:00 FRC COFFEE & CONNECT 1:00-2:30 FRC	7	
8	9 ON OUR WAY Kindergarten Readiness 10:00-12:00 FRC	10 DROP-IN PLAY 10:00-12:00 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	11 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	12 ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KCC KILBRIDE	13 DROP-IN PLAY 10:00-12:00 FRC COFFEE & CONNECT 1:00-2:30 FRC	14 	
15 	16 ON OUR WAY Kindergarten Readiness 10:00-12:00 FRC	17 DROP-IN PLAY 10:00-12:00 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	18 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	19 ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KCC KILBRIDE	20 DROP-IN PLAY 10:00-12:00 FRC COFFEE & CONNECT 1:00-2:30 FRC	21	
22 	23 ON OUR WAY Kindergarten Readiness 10:00-12:00 FRC SCHOOL AGE (K-3) SIGN-UP 6:00-7:30PM FRC	24 DROP-IN PLAY 10:00-12:00 FRC CLIMBERS & CRAWLERS 1:00-2:30 FRC HEALTHY BABY CLUB 8PM VIRTUAL	25 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	26 ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 KCC KILBRIDE	27 DROP-IN PLAY 10:00-12:00 FRC COFFEE & CONNECT 1:00-2:30 FRC	28 	