



Goulds Family Resource Centre 709-747-8530

June 2024

Family Resource Educator: Lesa Healthy Baby Facilitator: Michelle 
 FRC Goulds Family Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 	3 NATURE KIDS Trail Walk 10:00 BIDGOOD PARK (Backline Parking Lot)	4 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL NOBODY'S PERFECT 7:00PM FRC	5 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	6 ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1:00-2:00 FRC	7 NO PROGRAMS DUE TO STAFF TRAINING	8 
9	10 NATURE KIDS Trail Walk 10:00 BIDGOOD PARK (Backline Parking Lot)	11 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	12 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2-3:30 ADV. BEFORE BEDTIME 6:00-7:00 GRC	13 ACTIVE PLAY 9:30-11:00 GRC MOTHER GOOSE 1-2 FRC PARENT-CHILD CRAFT NIGHT (Ages 6-11) 6:00-7:30PM FRC	14 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK OUTDOOR CLASSROOM (Powers Rd Parking Lot)	 FUNDRAISER @ BAY BULLS CHILDCARE CENTRE 12-4PM
16 	17 NATURE KIDS Trail Walk 10:00 BIDGOOD PARK (Backline Parking Lot)	18 DROP-IN PLAY 10:00-12:00 FRC WALKING & WELLNESS 10:00-11:30 HBC 8PM VIRTUAL PARENT NIGHT 7-9PM	19 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 FRC	20 PLAYGROUND FUN 10:00-12:00 (Playground by Fire Hall) Don't forget water bottles!	21 LITTLE GARDENERS 10:00-12:00 *Check Facebook for location*	22 
23	24 * CLOSED * for JUNE HOLIDAY	25 DROP-IN PLAY 10:00-12:00 FRC WALKING & WELLNESS 10:00-11:30 HEALTHY BABY CLUB 8PM VIRTUAL	26 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 FRC	27 PLAYGROUND FUN 10:00-12:00 (Playground by Fire Hall) Don't forget water bottles!	28 LITTLE GARDENERS 10:00-12:00 *Check Facebook for location*	29
30 	<p>~ ADVENTURES BEFORE BEDTIME @ GOULDS REC CENTRE WILL END ON JUNE 12TH FOR THE SUMMER MONTHS DUE TO AVAILABILITY OF THE SPACE. ACTIVE PLAY @ GOULDS REC CENTRE WILL END ON JUNE 13TH.</p> <p>~ CAR SEAT CLINIC - PLEASE CONTACT US TO BOOK A CAR SEAT INSTALLATION OR CHECK! admin@kffrc.ca</p> <p>~ WALKING & WELLNESS - PRE AND POST-NATAL WELLNESS GROUP. CHECK FACEBOOK FOR WEEKLY LOCATIONS!</p> <p>~ PARENT NIGHT - TUESDAY JUNE 18TH @ 7PM</p>					

HBC = HEALTHY BABY CLUB EH BF CLINIC = EASTERN HEALTH BREASTFEEDING CLINIC