

# Goulds Family Resource Centre 709-747-8530

## December 2024

Family Resource Educator: Lesa Healthy Baby Facilitator: Michelle  
 FRC Goulds Resource Centre: 537 Main Road GRC Goulds Rec Centre: 509 Main Road

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LITTLE EXPLORERS 10:00-12:00 BIDGOOD PARK PARENT NIGHT 7:00-9:00PM	3 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	4 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	5 ACTIVE PLAY 9:30-11:00 GRC	6 NO PROGRAM TODAY DUE TO STAFF TRAINING	7
8 	9 CHRISTMAS STORY AND CRAFT 10:00-12:00 FRC	10 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	11 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 EVENING ACTIVE PLAY 6:00-7:00 GRC	12 ACTIVE PLAY 9:30-11:00 GRC	13 DROP-IN PLAY 10:00-12:00 FRC	14 
15	16 CHRISTMAS STORY AND COOKIE DECORATING 10:00-12:00 FRC	17 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	18 BABY & ME 10:00-12:00 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 FRC	19 CHRISTMAS CELEBRATION 10:00-12:00 Goulds Recreation Center	20 DROP-IN PLAY 10:00-12:00 FRC	21
22	23	24	25 <i>from the KFFRC family to yours... Merry Christmas &amp; Happy New Year!</i>		26	27
28 	29 	30	31	PLEASE NOTE! ~ THERE WILL BE NO PROGRAMS DECEMBER 23 TO JANUARY 6 AS OUR CENTRES WILL BE CLOSED FOR THE CHRISTMAS BREAK. PROGRAMS WILL BEGIN AGAIN ON MONDAY, JANUARY 6, 2025. ~ <b>EVENING ACTIVE PLAY</b> IS AGE APPROPRIATE FOR CHILDREN 18 MONTHS AND UP, WITH A TAKE-HOME SNACK. ~ <b>AGM</b> TAKES PLACE VIRTUALLY ON DEC 4 <sup>TH</sup> . PLEASE CONTACT US FOR LINK IF INTERESTED! <b>HBC</b> = HEALTHY BABY CLUB <b>EH BF CLINIC</b> = EASTERN HEALTH BREASTFEEDING CLINIC		