



Goulds Family Resource Centre 709-747-8530

March 2023

Family Resource Educator: Lesa Healthy Baby Club Facilitator: Michelle
 FRC Goulds Resource Centre: 537 Main Rd GRC Goulds Rec Centre: 509 Main Rd



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ON OUR WAY - LAST SESSION WILL BE MARCH 6 TH . NOBODY'S PERFECT - LAST SESSION MARCH 13 TH - NUTRITION THEME! LITTLE EXPLORERS - TAKES PLACE AT BIDGOOD PARK - MEET AT PARKING LOT OFF BACK LINE. HBC = HEALTHY BABY CLUB EH BF CLINIC = EASTERN HEALTH BREASTFEEDING CLINIC			1 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	2 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	3 DROP-IN PLAY 10:00-12:00 FRC	4
5	6 ON OUR WAY 9:30-11:30 G1 FRC 12:30-2:30 G2 FRC NOBODY'S PERFECT 7:00-9:00 FRC	7 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	8 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	9 BABY & ME 10:00-12:00 FRC	10 DROP-IN PLAY 10:00-12:00 FRC	11
12	13 LITTLE EXPLORERS 10:00 BIDGOOD PK STORYTIME 1:00-2:00 FRC NOBODY'S PERFECT 7:00-9:00 FRC	14 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	15 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	16 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	17 DROP-IN PLAY 10:00-12:00 FRC <i>Wear something Green today!</i>	18
19	20 * CLOSED * for ST. PATRICK'S DAY	21 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	22 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	23 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	24 DROP-IN PLAY 10:00-12:00 FRC	25
26	27 LITTLE EXPLORERS 10:00 BIDGOOD PK STORYTIME 1:00-2:00 FRC FAMILY FUN NIGHT 6:00-7:30 FRC	28 DROP-IN PLAY 10:00-12:00 FRC HEALTHY BABY CLUB 8PM VIRTUAL	29 TODDLER TIME 9:30-11:30 FRC HBC 12:30 FRC EH BF CLINIC 2:00-3:30 ACTIVE PLAY 6:00-7:00 GRC	30 ACTIVE PLAY 9:30-11:00 GRC BABY & ME 10:00-12:00 FRC	31 DROP-IN PLAY 10:00-12:00 FRC	